



WOBURN AIKIDO

6 Cedar St • Woburn Ma 01801

Introduction to Iaido Course and Curriculum

Iaido #1: Introduction to Iaido, Fall 2010. The class meets on Thursday nights from 7:30 – 8:30.

Fees: \$150 for early registration, \$170 thereafter.

Course Objectives:

Introduction to Iaido is a three-month course designed to give the beginning student a basic introduction into the movements, concepts and vocabulary associated with Iaido. This course is intended for the new student, but more advanced students are welcome to participate as well. There is no prerequisite for this course.

Although the course is open to everyone, passing this course is mandatory for those who intend to move on to subsequent Iaido courses. Admittance into more advanced Iaido classes is contingent on several criteria outlined below. For those who wish to “audit” the course, who want to experience Iaido at their own pace, there is no graded criteria.

Course Outcome:

Upon the completion of Introduction to Iaido the student will have a basic understanding of Shoden, and an introduction to the appreciation of the Japanese sword itself. The goals of this course are:

- Teach one set (Shoden) in its entirety
- Learn basic terms of Iaido
- Learn basic terms of sword and sword parts
- Basic appreciation and understanding of Japanese swords
- Learn manners and etiquette associated with Iaido
- Basic history of Iaido

Attendance and Participation:

Attendance for the course is mandatory. Although students are welcome to participate in any manner they wish, excessive absences will prevent the student from being able to move onto more advanced sets or to join the regular Iaido class.

Equipment:

For the introductory course the only required equipment is a white Judo gi and a wooden practice sword. The gi can be purchased through any purveyor but are available for purchase at the dojo for \$50. A wooden sword may also be purchased through the dojo (\$70), or may be borrowed from the dojo for an additional fee of \$10 for the entire course.

A journal and pen are also required and should be brought to each class. It is recommended that the journal be of a higher quality, but is certainly not required.

- * White Judo Gi
- * Boken (wooden practice sword)
- * Journal
- * Pen/Pencil

Although an Iaito (practice sword) and Hakama are not required for Intro to Iaido it is highly recommended for the students who intend to continue on. For Iaido #2 and all other courses a sword and hakama are required.

Etiquette and Manners:

Although this is an introductory course, it is expected that each student have a basic knowledge and understanding of how to behave in an Aikido dojo. It is highly recommended that new students familiarize themselves with the Rules and Regulations handout.

Grading:

The final assessment of the course will be based on several factors. Failure in any area will result in a failure for the course.

1. Demonstration of physical ability.
2. Comprehensive knowledge and completion of coursework.
3. Overall impression of student's progress.

There will be several examinations during the course, and it is expected that each student be prepared. Examinations will involve a demonstration of techniques learned, as well as a final examination that will consist of, at minimum, a demonstration of the entire set.